TEST CENTERS FOR COVID-19 -

- Salt Lake County Health Department COVID Hotline: 385-466-46 36 (INFO)
- University of Utah HealthCare - Call 801-587-8312 or 844-745-9325 first to check symptoms over the phone and make an appointment.
- Intermountain Healthcare - Call 844-442-5224 first to check symptoms over the phone and make an appointment.
- MountainStar Healthcare Steward HealthCare - call 801-984-1577 to check symptoms over the phone and make an appointment.
- Utah Partners for Health Mobile Clinic: We are offering telehealth visits. Email: info@upfh.org. mзавала@upfh.org Put Telehealth in the subject line and leave your name, date of birth, and phone number. Call: Our offices at 801-417-0131 Or contact Maria Zavala at 385-204-6257.

FREE FOOD FOR ANYONE
You can find food banks around you, with hours and contact information.

- Utahns Against Hunger - resources for emergency food.
- Complete list of food resources: https://uah.org/covid19
- Salvation Army - Salt Lake Food boxes 3:00 pm - 4:30 pm MF.
- Granger Christian Church 3232 W. 4100 S. West Valley City, UT 84119 - Every Monday from 5 PM - 6:30 PM, you must bring identification.
- United Methodist Church 1553 W. 2590 S. West Valley City, UT 84119, Every Tuesday at 10AM, identification is not required.
- Church of Jesus Christ of Latter -Day Saints 934 West Fremont Ave Salt Lake City, Utah 84111, Every Wednesday at 4:30 PM.
- Church of Jesus Christ of Latter -Day Saints 3175 S 3450 W West Valley Cit and, UT 84119, Every Thursday at 8AM, no identification required, if no parking, park at West Lake Junior High, do not park on the street.
- United Methodist Church 1553 W. 2590 S. West Valley City, UT 84119, Every Friday at 10AM, identification is not required.
- Church of Latter Day Saints 1100 E & 1700 S Salt Lake City, UT 84105, Every Saturday, by vehicle at 8AM or in person at 9AM.
- Church of Jesus Christ of Latter -Day Saints 3175 S 3450 W West Valley City, UT 84119, Every Saturday at 8AM, no identification required, if no parking, park at West Lake Junior High, do not park on the street.
- Granger Christian Church 3232 W. 4100 S. West Valley City, UT 84119 - Every Saturday from 10 AM - 12 PM must bring identification.

MUTUAL AID RESOURCES AVAILABLE TO ALL FAMILIES (groceries / medications / etc.)

- Mutual Aid Salt Lake Valley groceries and cash assistance
- Resource list (state list of updates and resources for the community at large) - For help, people can access an online form or phone English / Spanish.
- Mutual Aid Utah County - Groceries
- Migrant Mutual Aid Utah - A new group, raising funds only for undocumented / mixed status families.

FEDERAL RESOURCES-

- Latino Behavioral Health Services The direct line to this service is 801.935.4447 and 385.495.2188
- Multicultural Counseling Center- Due to COVID-19 for the convenience and safety of our clients and staff, all services are provided through Telehealth (801)915-0359
- Monkfish Recovery Center- Our 24 hour crisis line is still available at (801) 467-7281.
- INTERMOUNTAIN HEALTHCARE EMOTIONAL HEALTH RELIEF HOTLINE: available 7 days a week, from 10 am to 10 pm at 833.442.2211.

EMOTIONAL SUPPORT

- APHA fact sheets (English, Spanish , French, Chinese ): http://aphagreatready.org/coronavirus.htm-
- CDC fact sheets in many languages: https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html-
INFORMATION ABOUT PUBLIC SERVICES:

- **SNAP / FOOD STAMPS**: [https://jobs.utah.gov/customereducation/services/foodstamps/requirements.html](https://jobs.utah.gov/customereducation/services/foodstamps/requirements.html)
- **UNEMPLOYMENT INSURANCE**: [https://jobs.utah.gov/ui/jobseeker/claimguidelines.html](https://jobs.utah.gov/ui/jobseeker/claimguidelines.html)
- **WIC**: For low or moderate income families [https://wic.utah.gov/](https://wic.utah.gov/)
- **HEAT PROGRAM**: [https://sealapp.utah.gov/index.do](https://sealapp.utah.gov/index.do)
- **MUTUAL AID**: For help buying food: [https://www.rockymountainpower.net/about/newsroom/service-safety-covid-19.html](https://www.rockymountainpower.net/about/newsroom/service-safety-covid-19.html)

ASSISTANCE TO PAY FOR GAS / LIGHT / WATER

- Both Rocky Mountain Power and Dominion Energy will NOT turn off the power / gas for non-payment (you can request payment plans / request more time to pay by calling their lines):
  - [https://www.dominionenergy.com/company/coronavirus](https://www.dominionenergy.com/company/coronavirus)

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DACA:

- Simple Citizen (business) helps you renew with a cost of $50, after filling it, they send you a package with what you need to send your renewal; [https://simplecitizen.com/daca-es/](https://simplecitizen.com/daca-es/)
- “Anyone with the ability to legally work in the United States may qualify for Insurance or Unemployment” in our state. You can start a claim here: [https://jobs.utah.gov/ui/home/initiaclaims. (DACA, TPS, and other work permits)](https://jobs.utah.gov/ui/home/initiaclaims)

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